

# Take a Chance on..... COACHING!

( Session 1, Coaches Classes 2019)  
Thunderbird Dance Camp

## DAY ONE-June 29

- 11:30 Kick off meeting in the “Coaches Room”
- 7:00-8:00 Let’s start at the beginning. Hey coaches, **YOUR ROOTS ARE SHOWING.**  
Take a glance back to the beginnings of what is now dance team and DDCA.  
Take a CHANCE on adding YOUR mark to this wonderful organization!
- 8:00 Calling ALL Coaches for this brief meeting! Get the heads up on  
our **CAMP MOTIVATION** with Colleen and Alex.

## DAY TWO-June 30

- 9:30-10:30 Open audition for an upcoming command performance of  
“The Coaches Collective”. See if you have what it takes to WOW the  
audience while performing **THE COACHES DANCE.** ☺  
Disclaimer: This routine has been expertly designed to make  
everyone look good! Be there ☺
- 10:45-11:45 There’s many ways to put together an outstanding routine. Join  
Keeley Driscoll and Take A Chance on learning some new ideas as she  
shares her **CREATIVE PROCESS.** Keeley has been the head coach at  
Lincoln High School for 4 years. She has also been the coach of West Sylvans  
Middle School for 14 years.
- 2:30-3:15 **HIP HOP** just for YOU! Jackie Koegel is an outstanding choreographer  
and teacher of this fast paced exciting genre. Don’t miss this opportunity  
to get your groove on in a class specifically for coaches only.
- 3:30-4:15 Stand up and **DRILL DOWN!** Hey, if you haven’t been certified yet or  
if you have but it’s been 2 years, it’s time again. You don’t need to be an  
expert driller yourself but come and learn or brush up on the Real Rules.  
Coral Burgess makes this military Simon Says easier to understand  
and fun too! Coaches Drill Down this evening!
- 7:15-8:15 Grab a hold of your **WHOLE PROGRAM** with some tips and new ideas from  
seasoned coaches. Hillary McClintick and McKenzie Smith have years of  
experience in dealing with parents, administration, community, dancers  
and team travel. Any CHANCE you could use a little inspiration?

### **DAY THREE - July 1**

- 9:30-10:30     **“TAKING A CHANCE: IT’S A CHOICE.** This class, taught by Shannon Nguyen, will explore making a conscious decision to lead with equity while serving your community. Shannon coached for 17 years, consults with more than a dozen local teams and created her own business, Captivate Dance Team Consulting in 2015.
- 10:45-11:45     **CRAFTY?** Even if you don’t think so, come and Take A Chance! What have you got to lose? Coaches are so creative in so many ways. Join us for a low key relaxing hour of **DIY fun!**
- 2:15-3:05        Adrienne Sampson loves all things dance and dance team. She was a Royal Crown and after graduation went on to coach Rex Putnam. Currently she is one of the coaches at Stayton High School and is a fitness/barre instructor. This class will offer a bit of instruction on strength and conditioning and follow up with Adrienne’s creative **CONTEMPORARY** choreography. So Take A Chance on this dance, you’ll love it!
- 3:15-4:10        Need a new perspective on **BUILDING YOUR ROUTINE?** May we present Debbie Kishpaugh from Pendleton High School. Her routines are Always high energy and highly entertaining. Drop in and listen as she inspires you To Take A Chance with your patterning, maneuvering and staging!
- 4:15-4:45        Added by popular demand it’s **THE COACHES DANCE REVIEW.** not that you need it, we just thought it would be fun....ok maybe we could use a review....and again, not that you need it, you’re already awesome!
- 5:30                It’s no Ruth’s Chris but it’s ours! Join us in the “Informal Dining Room” for **THE COACHES DINNER.**
- 9:00                ALL COACHES: After the amazing and entertaining Novelty Showcase, Meet in the Coaches Room to discuss **CHECKOUT.**

### **DAY FOUR**

- 8:30-8:45        IT’S SHOW TIME.....almost. Last minute **REVIEW** of the Coaches Dance!